



Clinical Research Study

**Boston Children's Hospital
Harvard Medical School**

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**Co-investigators: William Sparks, MD and
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Please visit us online!
www.carppo.org/2015/03/pacu-waltham

For patients scheduled for the
following qualifying surgeries at
Boston Children's Hospital
Waltham:

- Eye muscle surgery
- Tonsil and/or Adenoid
Removal

Post Anesthesia Care Unit (PACU) Outcomes Evaluation

What is this study about?

A group of doctors at Boston Children's Hospital Waltham is evaluating the quality of patients' experiences in the Post Anesthesia Care Unit (PACU). The PACU is where children and adolescents having surgery recover after their operations.

Good quality care in the PACU is one standard of premier hospital care at Boston Children's Hospital Waltham. Many events can be used to measure the quality of patients' experiences in the PACU. In this study, we have chosen to evaluate the incidence of pain, restlessness, and nausea in youth, ages 6 months to 20 years old, who, after surgery, are recovering in the PACU.

The purpose of the study is to better understand the role of personality characteristics, anesthesia practices, and post-surgery activity experiences that may contribute to the quality of our surgical patients' recovery in the PACU. This research may help us improve the hospital's post anesthetic care quality and bring more satisfaction to patients, families, and other health care providers.

This study will not interfere with any aspect of your and/or your child's treatment while at Boston Children's Hospital. Whether you and/or your child choose to participate or not will have no effect on your or your family's current and future care at Boston

Children's Hospital.

What are the qualifying surgeries?

- Eye muscle surgery
- Tonsil and/or Adenoid Removal

What will I be asked to do?

If you and/or your child agree to participate in this study, nothing about your/ your child's surgery or anesthesia will be changed. We will ask you and/or your child to complete a short questionnaire about behavior and development and may observe how calm your child is feeling.

Two days and two weeks after being discharged from the hospital, parents of will be asked to fill out a short post-hospitalization behavioral or stress questionnaire for their child. We will compare the answers to behaviors reported before hospitalization and/or surgery.

Who is conducting this research study?

Drs. Joseph Cravero, William Sparks, Patcharee Sriswasdi and their research colleagues in the Department of Anesthesia are conducting the study.

How do I learn more about the research?

A day or two before your/ your child's surgery, a member of our research team will call to tell you more about the study and to answer questions you may have about the study.

If you have any immediate questions, or if you would not like us to contact you further, please contact our study coordinator, Nissa Askins.

Your participation in this study is completely voluntary. You and/or your child may change your mind at any time and withdraw. All of your research data will be kept confidential as required by law.

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